

HELPING HANDS - THEATRE IN EDUCATION PROGRAMME

IMPACT REPORT



loudmouth
education & training through theatre

For more information contact enquiry@loudmouth.co.uk 0121 446 4880

Since 1994, Loudmouth Education and Training have been supporting schools, organisations and partnerships with their violence prevention and safeguarding programmes.

Loudmouth create and deliver theatre in education programmes to support children and young people to have healthy and safe lives free from abuse and violence. Loudmouth are West Midlands based and run over 1,000 sessions a year, to over 100,000 children and young people a year.

Helping Hands is Loudmouth's theatre in education programme for Year 4 to Year 6. This looks at feeling safe, online safety and healthy / unhealthy relationships.

For more information visit the [Helping Hands page](#) on our website.



In 2024/25,
Loudmouth ran a total
of 201 sessions of
Helping Hands, a
theatre in education
programme on
staying safe.

The programme
reached 11,503 young
people aged 8 - 11
years across the UK.



The Helping Hands programme...

- Consists of performances, character/s Q&A and a workshop that includes local and national signposting to partner support organisations.
- Teaches the children about personal boundaries, early warning signs their bodies may give them if feeling unsafe in situations and to create their own support network of trusted adults and organisations.
- Is led by Loudmouth's safeguarding trained actor/facilitators and are delivered in a safe, appropriate and trauma informed way.
- Gently supports children in understanding and recognising forms of abuse and exploitation including domestic abuse, grooming and county lines.
- Can be run as live or virtual sessions
- Is accompanied by teachers' resources to support our visits, including lesson plans, signposting information and parent/guardian support material.

“Delivered well in an age-appropriate way. Keeping an important and sensitive issue fun for the children.”

- Teacher

After participating in the Helping Hands programme, 92% of pupils could name at least 4 of the key safety tips taught in the session.

This is a rise from 2% before the sessions



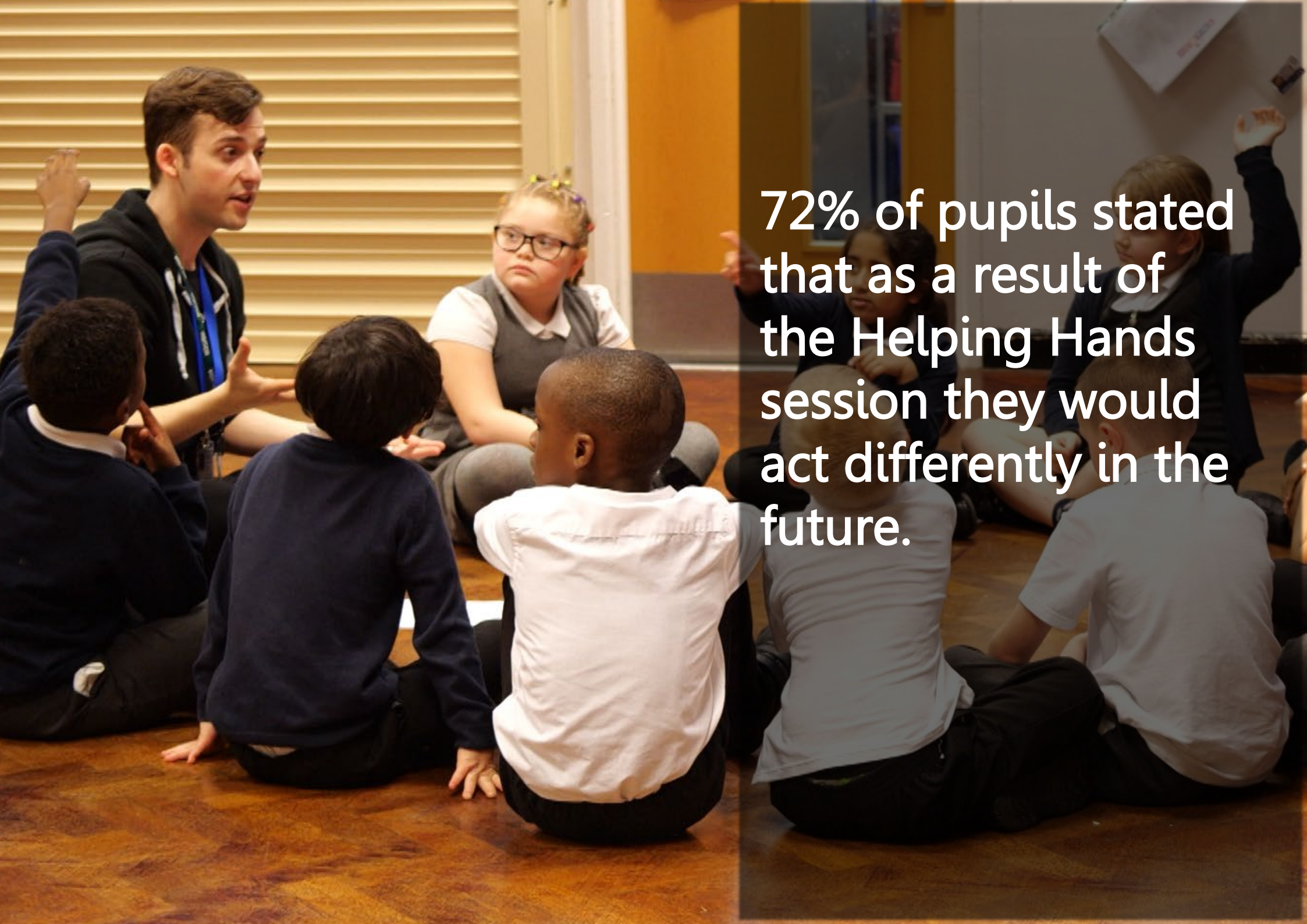
99% of all students evaluated said they thought that the Helping Hands programme helps children to stay safe.

“Because Loudmouth is fun, so children understand better.”

“Because they teach you about things you might need in life.”

“Because it shows you that your body is yours!”

“Because it helps you make the right decisions.”



72% of pupils stated that as a result of the Helping Hands session they would act differently in the future.

Example responses from students when asked ‘how they would act or behave differently...’

“I now know who I can talk to on my personal network.”

“I understand my body rights and that nobody has the right to touch my body without permission.”

“I know now when things aren’t safe and who to tell.”


“I feel more safe and know that I can call Childline.”

After the session 92% of pupils could name 3 places to go to for help and support if they did not feel safe.

The most popular answer after the session was Childline, which was given by 66% of pupils.

This was a rise from 29% before the session.





99% of all students evaluated said they thought that they would recommend Helping Hands for next year's pupils.



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