

MY MATE FANCIES YOU - THEATRE IN EDUCATION PROGRAMME IMPACT REPORT



loudmouth
education & training through theatre

Since 1994, Loudmouth Education and Training has been supporting schools, organisations and partnerships with their relationships and health education programmes.

Loudmouth creates and delivers theatre in education programmes to support children and young people to have healthy, happy and safe lives. Loudmouth run over 1,000 sessions a year, to over 100,000 children and young people a year.

My Mate Fancies You is Loudmouth's theatre in education programme for Year 5 to Year 7. This looks at puberty, growing up and the transition from primary to secondary school.

For more information visit the [My Mate Fancies You page](#) on our website.

- **In 2023, Loudmouth ran a total of 82 sessions of My Mate Fancies You, a theatre in education programmes on puberty, growing up and the transition from primary to secondary school.**

- **We reached 5,389 young people aged between 9 and 11 years old across the UK.**




The My Mate Fancies You programme...

- **Consists of performances, character/s Q&A and a workshop that includes local and national signposting to partner support organisations.**
- **Teaches the children key facts about puberty including physical and emotional changes including awareness of menstruation as well as ideas for managing the move from primary to secondary school.**
- **Is led by Loudmouth's safeguarding trained actor/facilitators and are delivered in a safe, appropriate and trauma informed way.**
- **Can be run as live or virtual sessions.**
- **Is accompanied by teachers' resources to support our visits, this would include lesson plans and signposting information.**

“My Mate Fancies You is possibly the most important afternoon these children have. It is a safe insight into puberty and prepares them for secondary school.”

- Headteacher

A young man in a red hoodie is dancing enthusiastically in a classroom. He has his arms outstretched and a wide smile. A woman in a green hoodie stands to his left, smiling. The classroom walls are decorated with various posters and photos. In the foreground, the backs of several students' heads are visible as they watch the man dance.

**After participating
in the My Mate
Fancies You
programme, 84%
of pupils said that
puberty was a
normal part of life.**

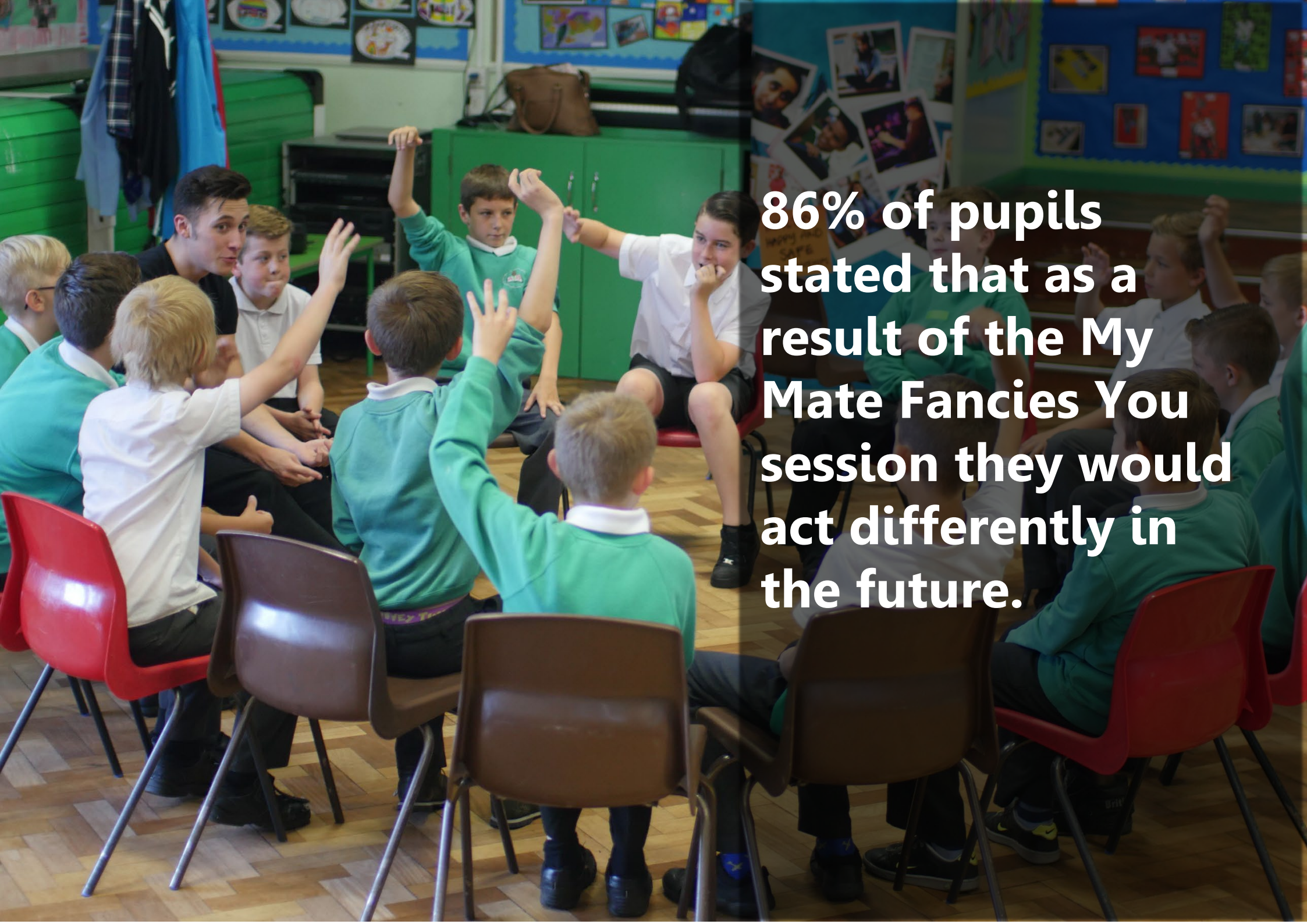
99% of all students evaluated said they thought that the My Mate Fancies You programme helps children to learn about growing up and puberty. Examples of why are shown below.

“Because it teaches people about the changes that will happen to you.”

“Because they make it funny but educational.”

“It shows that all of us experience something during puberty and nobody is alone.”

“Because it helps me feel more comfortable talking about it.”



86% of pupils stated that as a result of the My Mate Fancies You session they would act differently in the future.

Example responses from students when asked 'how they would act or behave differently...'

"I know who to ask for advice and that everyone goes through it so there's no need to be embarrassed."

"I feel more educated about different genders when they hit puberty."

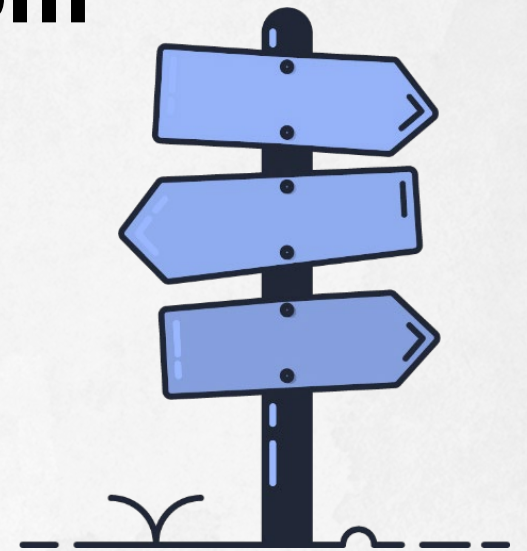
"I learned more things you can use in periods other than pads."

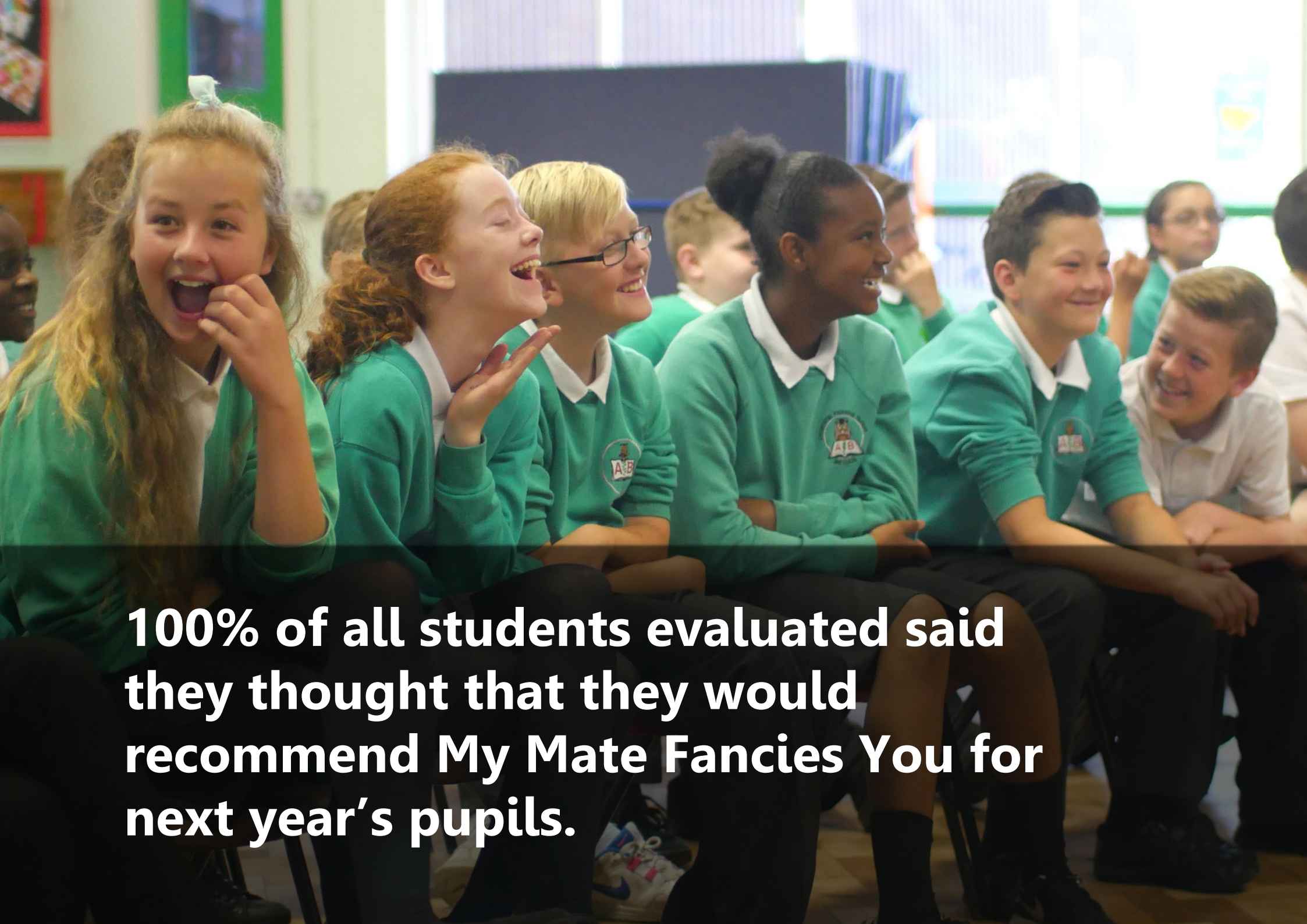
"I will be less freaked out by puberty."

After the session 99% of pupils could name 3 places to go to for help or advice about growing up and puberty.

The most popular answer after the session was Childline, which was given by 84% of pupils. This was a rise from 12% before the session.

73% said that they would talk to a teacher and 68% to their parents / guardians.





100% of all students evaluated said they thought that they would recommend My Mate Fancies You for next year's pupils.