



The DfE guidance for RSE in secondary schools states that pupils should know

- the facts about legal and illegal drugs and their associated risks, including the link to serious mental health conditions and risk of addiction.
- the physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood.
- the law relating to the supply and possession of illegal substances.
- how the use of alcohol and drugs can lead to risky sexual behaviour.

*"Covered not just alcohol but linked into drugs, STI's, unwanted pregnancy, violence, teen relationships. Every young person should have this." - **Lead Nurse, NHS***

Concept

Fast paced theatre in education programme on drug and alcohol awareness.

*"Slick, varied, fun, moving and exactly right for our students. The programme delivers really important messages in a memorable way." - **Tutor***

This programme uses humour and drama to educate young people on key facts and legal information on alcohol and drugs including work on cannabis and so called 'legal highs'.





Objective

Helping young people to stay safe around alcohol and drugs.

This lively drama and discussion workshop helps young people to learn about alcohol and substance misuse. The programme gives strategies to help stay safe, and insight into the impact of alcohol and substance misuse can have on the body, behaviour and future choices e.g. sexual behaviour.

Outcomes

Proven increase of young people's knowledge and skills around alcohol and drug awareness

Evaluation has shown that this programme has increased young people's knowledge of the laws, health risks and impacts around drug and alcohol misuse. After the session the young people have increased skills around staying safe around drugs and alcohol and accessing support.



- 92% could correctly identify one unit of alcohol after the session. Only 36% could identify this before.
- 100% after the session identified that 'legal highs' are illegal. 28% before.
- 99% said that the session helps young people to stay safe around alcohol and drugs.
- 100% of staff said that the programme had increased their confidence in teaching about the issues.

To find out how young people in your school could benefit from this programme contact Loudmouth Education and Training on 0121 446 4880 or e mail info@loudmouth.co.uk