Bully 4 U
SECONDARY

LEARNING OBJECTIVES FOR 'BULLY_4_U' (SECONDARY / COLLEGE VERSION)

Attitudes and Values

- Young people have an increased awareness of what makes a good and bad relationship.
- Young people have an increased understanding of different forms of bullying including cyber bullying, homophobic bullying, sexual / sexist bullying and teenage partner abuse.
- Young people have an increased awareness of the effects of bullying / cyber bullying.
- Young people have increased empathy for people affected by bullying / cyber bullying.
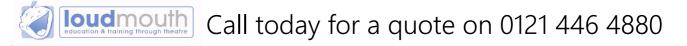
Skills

- Young people have an increased confidence in seeking help and support about bullying / cyber bullying.
- Young people have increased ability to identify of a range of relevant and appropriate services that can support young people affected by bullying.
- Young people have an increased ability to identify a range of effective strategies in dealing with bullying / cyber bullying.

Knowledge

- Young people have increased knowledge of the definitions of bullying (Including the use of S.T.O.P. model / Several Times On Purpose.)
- Young people have increased knowledge of what relevant and appropriate services can offer to support young people affected by bullying / cyber bullying, e.g. ChildLine.

"It was very interactive and encouraged participation from everyone."

- Teacher

KEY FINDINGS FROM EVALUATION

- 93% of your young people said they 'Agree' or 'Strongly Agree' that it is important to tell someone if you are being bullied.
- 90% of the young people thought that the session had made them more aware of the types of bullying.
- 92% of the young people thought that the session had made them more aware of how bullying can affect people.

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